

# QST Certified Trainer Course - **Spring 2025**

**March 27, 2025 – September 27, 2025**

Times are in Pacific Time Zone (PT)

\*Weeks are Sunday to Saturday

\*Attendance in the orientation and all live classes/conferences is **mandatory**

**Orientation:** Thursday, March 27, 2025, 3pm-5pm PT

## **Education Course (the theory and movements of QST):**

- Ed Week 1 – Apr. 6-12, 2025; **Live online class, Thursday, Apr. 10, 3pm-5pm PT**
- Ed Week 2 – Apr. 12-19, 2025; **Live online class, Thursday, Apr. 17, 3pm-5pm PT**
- Ed Week 3 – Apr. 20-26, 2025; **Live online class, Thursday, Apr. 24, 3pm-5:30pm PT (2.5h)**  
**Individual live video practical exam to be scheduled with supervising Master Trainer to Apr. 25, 26, or 27**
- Ed Week 4 – Apr. 27-May 3, 2025; **Live online class, Thursday, May 1, 3pm-5pm PT**
- Ed Week 5 – May 4-10, 2025: Getting ready to provide QST to the child and family (no live class)

\*\*\*Plan to spend 10-15 hours per week on coursework (Ed weeks 1-4)

## **Clinical Supervision Course (supervised training when working with one family):**

- **Sup Week 1: Pre-Treatment sessions – May 11-17, 2025**
  - Family Training and goal development (2 sessions)
- **Sup Weeks 2-6: May 18 – June 21, 2025 - The 1st Series**
  - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - Includes one virtual live supervision treatment and one videotaped treatment (to be scheduled with the supervising Master Trainer).
- **Thursday, June 26, 2025, 3:00-5:30 pm PST (Sup wk 7) - Live Online Conference (case presentations)**
- **Sup Weeks 7-10: June 22, 2025 – July 19, 2025**
  - Flexible therapy schedule (makeups, extra treatments, or a break - as needed)
- **Sup Weeks 11-15: July 20 – August 23, 2025 - The 2nd Series**
  - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - Includes one virtual live supervision treatment and one videotaped treatment (to be scheduled with the supervising Master Trainer).
- **Sup Weeks 16-17: August 24 – September 6, 2025**
  - Flexible therapy schedule (makeups, extra treatments, or a break - as needed)
- **Sup Weeks 18-19: September 7 - 20, 2025 - Post-treatment sessions with the family**
  - Post-testing and Exit Interviews (typically one session per week)
- **Sup Week 20: September 21 - 27, 2025 - QST-CT's End-of-Course tasks and Case Presentations**  
**Thursday, September 25, 2025, 3:00-5:30 pm PT - Live Online Conference:**  
**Final case presentations, graduation, celebration!**

\*\*\*Plan to spend 4-5 hours a week on coursework (on average, including treatment sessions)

**Course Ends September 27, 2025**